



**HOLISTIC HEALTH TRAINING LTD.**  
PROFESSIONAL NZQA ACCREDITED BODYWORK EDUCATION

## **Holistic Health Training Ltd**

# **Business Guidelines for Massage Therapists in New Zealand – a best practice model.**

# **PROSPECTUS.**

## Who might benefit from the course?

- Working therapists who may be unsure of the legal requirements to work in New Zealand.
- Working therapists who might be a bit rusty about the current legislative climate.
- Recent graduates who are setting up for the first time.
- Therapists who have been employed, and are going into business as a sole trader.
- Therapists who are considering changing the type of massage service they are offering and need information about requirements.
- Non-New Zealand therapists who want to work here, and who need to know the relevant laws.

This course will give you essential knowledge about working as a massage therapist in New Zealand. The information is correct at the time of publication; we will keep it up to date as laws or circumstances change.

You have an obligation to stay up to date with legislative changes that might affect the industry, or your tax position.

This course does not carry NZQA credits. An HHT certificate will be awarded once you have completed a short written assignment, to demonstrate your familiarity with the material presented.

It will take about 5-10 hours to assimilate the information and complete the assignment.

The course has the following components.

1. A description of some of the forms of massage therapy that can be learned and are widely practised in New Zealand. This may include a history of the modality.
2. An analysis of the various ways massage therapy can be conducted as a business in New Zealand, and the advantages and disadvantages of each; this covers set up, financial considerations, safety, travel, equipment and training needed.
3. A summary of the four main laws which apply to massage therapy in New Zealand.
  - The Health Practitioners Competence Assurance Act 2004.
  - The Health and Disability Commissioners Act 1994.
  - The Health and Safety at Work Act 2015.
  - The Privacy Act 2020.
4. Intake Procedures, health screens and record keeping.
5. Training providers.
6. Set-up, marketing, Social Media and Website building, incentivising, pricing, branding, add-ons, allied modalities, taxation.
7. Te Tiriti o Waitangi.
8. Under the radar; a new climate

**Fees.**

**One-off payment on registration of \$125.00.**

**Please complete the registration form on the website, email it to [lynda@hht.co.nz](mailto:lynda@hht.co.nz) and pay the fee to bank account # 12 – 3158 – 0085917-00 with your name as reference.**

**You will receive an emailed receipt and the password to download the course material and assignment off our website [www.hht.co.nz](http://www.hht.co.nz).**

**Email the completed the written assignment to [info@hht.co.nz](mailto:info@hht.co.nz). It will be returned promptly, and your Certificate will be mailed to you.**

**Holistic Health Training Ltd offers the following courses.**

1. Applied Human Anatomy and Physiology for Holistic Bodyworkers.  
NZQA-approved, Level 5, 50 credits, Distance Learning.
2. Holistic Massage Therapy.  
NZQA-approved, Level 3, 3 credits, face to face training and self-directed study.
3. Holistic Pulsing.  
NZQA-approved, Level 5, 40 credits with exit points at 3 credits, 10 credits and 40 credits (Certificate).
4. Deep Tissue and Remedial Massage Therapy.  
Non-NZQA-approved, certificated by HHT Ltd, face to face training and self-directed study. Approximately 30 hours.
5. Pregnancy Relaxation Massage.  
Non-NZQA-approved, certificated by HHT Ltd, face to face training and self-directed study. Approximately 8 hours.
6. Hot Stones massage Therapy.  
Non-NZQA-approved, certificated by HHT Ltd, face to face training and self-directed study. Approximately 5 hours.
7. Human Nutrition.  
Non-NZQA-approved, certificated by HHT Ltd, self-directed study. Approximately 5 hours.
8. Interpersonal, Practitioner and Communication Skills for Bodyworkers.  
Non-NZQA-approved, certificated by HHT Ltd, self-directed study. Approximately 100 hours.