

Holistic Health Training Ltd

www.hht.co.nz

NZQA-Registered Private Training Establishment
MinEd # 7648



Interpersonal, Communication and Practitioner Skills

for holistic bodyworkers and people who help others.

Level 5, 25 credits

Prospectus.

HHT IPS Prospectus 1

Course Title: Interpersonal, Communication and Practitioner Skills for holistic bodyworkers and people who help others.

Qualification: HHT Ltd - Certificate in Interpersonal, Communication and Practitioner Skills.

NZQA Level: 5

Credits: 25

Hours: 250 (4.8 hours per week, part-time one year, or 2.4 hours per week 2 years).

However, there are no "deadlines" for the programme, and if your Life changes so you are unable to complete within a one or two year time frame, we can put you on "hold". You can also, of course, complete much more quickly than this - it's over to you 😊

Delivery: Distance Learning; full tutor support, DVDs.

Assessment: One Assignment per Module (8 Modules), open book ~ 40% of your total mark comes from your combined assessment results.

Final exam - 3-hour paper, open book, supervised by your nominated supervisor, counts for 60% of your final total.

Fees.

1. Payment in full on registration -

8 Modules, all written materials, Manuals, Assignments and Assessments; includes Module 1 DVD. **\$600.00**
Or/ Including **all 7** subsequent DVDs; **\$775.00**

2. Payment by instalment;

An initial payment of **\$225.00** which includes Module 1 DVD, followed by **\$125.00** at Modules 2, 4, and 6 plus **\$25.00** per DVD if you want them.

DVDs are *optional* to purchase after Module One - if you decide they help, and you like watching a moving picture (mostly me 😊) on the tele rather than just reading, then you can order DVDs on a per Module basis at \$25.00 per Module.

Course Description ~ Quick Module-by-Module Summary.

Module 1. From Healer to Hospital and Back Again.

The history of healing and the placebo effect - why The Healer is making a comeback. A fascinating trawl through the history of Western medicine from Hippocrates' time to the present.

Module 2. The anatomy of relationship.

Get to grips with the functioning of the emotional brain. Why do we react in certain ways to certain things?? This Module dissects the human Nervous System and explains some weird and wonderful phenomena, such as the emotional impact of smells, and why we just really don't get along with some folk!

Module 3. The Therapeutic Cycle; Safety and how to create it.

A wonderful model of the healing relationship that fits all modalities. This framework is based loosely on Hakomi principles, and provides you with insight into how relationships work at every stage from meeting through to departure.

Module 4. Communication.

Body language, proxemics and active listening skills. Just how do clairvoyants do it? This Module will give you some clues, and teach you basic "body language interpretation" skills to employ that help you get ahead in therapeutic relationships.

Module 5. Games People Play.

Interpersonal relationships can be a minefield. Understanding the steps people dance when they engage with other - whether they know it or not. And mostly, they don't! A glimpse at the strange, fascinating world of Carl Jung's "collective unconscious" and how it affects our everyday life. We use common everyday examples to explain the subconscious world of the archetype.

Module 6. Nuts and Bolts.

This Module clearly explains in simple terms your obligations and responsibilities as a health provider under NZ law. We look at OSH, ACC, the HDC, the HPCAA, ACOP's.....yikes! Yes, you do need to know!

Module 7. Self-care for the carer.

Who looks after the person who looks after others? Skills and information to prevent stress and burnout. Supervision is mandatory in mainstream medicine and is becoming the norm in alternative professions as well. Just what is it? How does it help, and why do you need it if you are working with others?

Module 8. Complementary and Alternative Health care in NZ.

What's out there, and how to connect with it. Includes a run-down on major modalities. This Module gives you an overview of most of the major CAM modalities available in New Zealand, including the history and often fascinating personalities involved. It will give you ideas, and perhaps help you to refer clients or choose allied modalities you might like to investigate.

There is a component of "personal development" and awareness in this course. At times you are invited to reflect on yourself and your relationships as part of the training exercises.

This is fascinating, and fun, and can also be Interesting and Occasionally challenging 😊

Legal Stuff.

Refunds.

NZQA Student Fee Protection policy requires us to put your fees into a "holding pattern" for 8 days. If in that time you decide the course won't suit you, you can return all material and get a full refund less \$20.00 copying and postal charge. This must be within 8 days.

Complaints.

We also have to have a Complaints Policy, and Independent Complaints Authority. If you would like to see details of these before you register, please ask.

PS - since we registered with NZQA in 2004, we've never had a complaint 😊

We don't get complaints because we are straight up, deal with you openly and with a sense of humour, and respond promptly to all contacts. You will usually get marked assignments back within a week, and queries will be replied to on the day they are made, or the next working day. School holidays may take a little longer.

Theft.

If you pass course material to other, or copy stuff and let others use it, or (heaven forbid) use it to teach others, we will be Jolly Cross and will take action against you under Intellectual Property Laws.

Registration.

If you decide to enrol for this course, (and we hope you do!) please either:

- a) download the registration form off the website, print and post, paying either on-line or by enclosed cheque;
- b) download the form, scan and email, paying on-line;
- c) detach the attached registration form and post, paying either on-line or by enclosed cheque to;

*Holistic Health Training Ltd
33 School Rd, Mahana,
RD1 Upper Moutere, Nelson 7173*

If you have any further queries, please contact us:

www.hht.co.nz, info@hht.co.nz, phone 03 5432268,txt 027 222 1491

Assistance with funding:

We are NZQA approved and accredited. WINZ may approve payment of fees under a Training Incentive Allowance if you are receiving certain types of benefit. However, in 2009, the government changed eligibility for TIA's to limit it to courses Level 3 and below, which frankly beggars belief. If you have a sympathetic Case Manager, it might still be worth approaching WINZ.

We are not TEC-funded, because it's fantastically expensive to comply with their rules. If we were TEC funded we would need to add \$1000.00 to course fees to cover compliance costs!

This really isn't fair for the majority of students who don't get loans. We have decided to keep fees low in everyone's interests, and make the payments achievable.

This means that this course will not qualify you for a Studylink student loan, sorry.

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Ministry of Education # 7648/ GST # 85 -019 - 856

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Practitioner Skills**

for holistic bodyworkers and people who help others.

Name;.....

Full postal address for course material; (please include post-code)

.....
.....

Phones;.....

Email;.....

Please tell me how you found out about the course so I can tell which advertising works.

.....

Cheque enclosed for;.....or online payment made (tick).....

Please make cheques payable to Holistic Health Training Ltd.

Our Student Fee Protection account; ASB Richmond 12 - 3158 - 0086653 - 00. Please
identify your payment.

**The above information will be entered onto my database and will not be made available to any
other party except NZQA, or check/relief markers if necessary.**

Signed;.....Date;.....

Please send the completed form with your payment to;
*Holistic Health Training Ltd, 33 School Rd, Mahana,
RD1 Upper Moutere, Nelson 7173.*

Student Profile.

The Ministry of Education asks all education providers to collect data about their student populations so they can build up a picture of who is studying what. This also helps to keep lots of bureaucrats employed.

Completion of this form is entirely voluntary. I do not retain the information - it is simply logged onto an anonymous database and then I ping it off to the bean -counters at the Ministry once a year. No names or addresses are sent.

If you want to complete this form and send it with your registration, it will likely keep some chappie in Wellington employed for about ten minutes.

1. *Please circle the group that fits your age.*

Under 20. 20 - 30. 30 - 40. 40 - 50. 50 - 60. 60 - 70. 70 +

2. Are you male female (circle)

3. Please describe your ethnicity (how you regard yourself).

4. *Please describe your highest educational qualification - say, School Certificate, NCEA Level 2, tertiary qualifications like National Certificates, or any trade Quals you may have.*

5. *Please circle your current employment situation - choose from the following.*

Self employed full-time

Self-employed part-time

Unemployed

Beneficiary

Employed full-time

Employed part-time

Employed casually or seasonally

Full-time student

Full-time care-giver

Part-time care-giver